

Amendments to the Specification

In the Application as Published (U.S. Patent Publication 2005/0255286), please replace paragraph [00005] with the following:

[0005] In some embodiments the spine member is axially compressible and/or extensible. Plastics material is suitable for the spine members. Optionally, at least a part of the spine member is made of corrugated plastic. Alternatively, the spine member is made of composite plastics material or rubber. The spine may have a stiffening ~~metal~~ member, such as a plastics, metal or composite plate covered with the plastics or rubber material, to enhance rigidity in one plane.